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(54) IgE PRODUCTION INHIBITOR

(57) Abstract:

PROBLEM TO BE SOLVED: To obtain an IgE production inhibitor which enables the prevention or treatment of allergic inflammations by inhibiting the IgE production.

SOLUTION: A cosmetic or food characterized by compounding the IgE production inhibitor comprising one or more kinds of the group consisting of catechins and/or glucosides thereof, flavones and/or glucosides thereof, flavonols and/or glucosides thereof, flavanones

and/or glucosides thereof, isoflavones and/ or glucosides thereof, coumarins and/or glucosides thereof, mushrooms belonging to the genus-garicus, extracts of plants belonging to the genera *Vitis*, *Plantago*, *Linum*, *Sinapis*, *Carthamus*, *Perilla*, *Gossypium*, *Ricinus*, *Oenothera*, *Eucalyptus*, *Bellis*, *Gnaphalium*, *Arctostaphylos*, *Euphrasia*, *Lythrum* *rosemary*, *camellia* *Banzakuro* (asort of pomegranate), *Sentol*, or the like, and red wine dried powder.

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